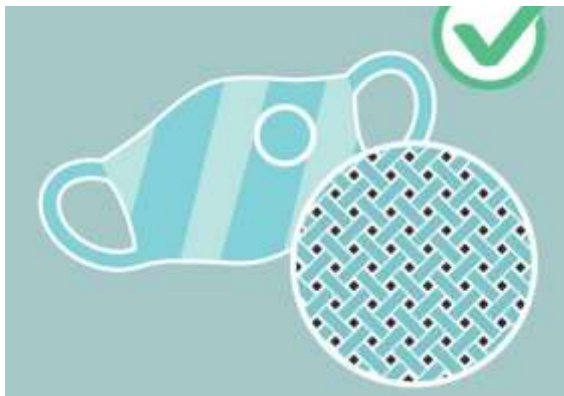


CORONAVIRUS DISEASE 2019 (COVID-19)

[CDC.gov/COVID-19](https://www.cdc.gov/COVID-19)

June 1, 2021

This message includes updates on the [COVID-19](https://www.cdc.gov/COVID-19) response from CDC. The COVID-19 Outbreak is a rapidly evolving situation and information will be updated as it becomes available.



Types of Masks

If you're unvaccinated, there are many types of masks you can use to protect yourself and others from getting and spreading COVID-19. When choosing a mask, choose one that fits snugly. A cloth or disposable mask should be worn anytime you are indoors or outdoors with people who don't live with you.

Some masks are designed and tested to ensure they perform at a consistent level to prevent the spread of COVID-19. These masks are labeled to tell you what standard they meet.

More Information



Choosing Safer Activities

Fully vaccinated people can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

If you haven't been vaccinated yet, [find a vaccine](#).

Safer Activities



Playing Sports

If you're unvaccinated and playing sports, stay home if you have tested positive for COVID-19 or are waiting on test results, are showing COVID-19 symptoms, or have had a close contact with a person who has tested positive for or who has symptoms of COVID-19. Bring your own equipment, like gloves, head gear, helmets, water bottles, and bats, if possible, to limit sharing equipment. Stay at least 6 feet (about 2 arm lengths) from other players when possible. Also,

- Wear a mask that covers your nose and mouth to help protect yourself and others.
- Clean or sanitize your hands before and after practices, games, and sharing equipment.
- Tell a coach or staff member if you don't feel well.

[Read More](#)



Guidance for Operating Youth Camps

CDC recommends that everyone ages 12 and older get vaccinated against COVID-19 as soon as possible. CDC has updated guidance for all types of youth day and overnight camps that camp programs can use to help maintain healthy environments for both vaccinated and unvaccinated campers, lower the risk of COVID-19 in their programs, and prepare for when someone is sick with COVID-19.

More Information



COVID Data Tracker Weekly Review

COVID-19 cases and deaths have fallen to their lowest levels in nearly a year. Many people put off medical care to stay safe from COVID-19. As you

begin to resume activities you were doing before the pandemic, consider adding routine medical care back to your list of things to do. Read more about COVID-19 trends and other considerations in the [COVID Data Tracker Weekly Review](#).

Subscribe

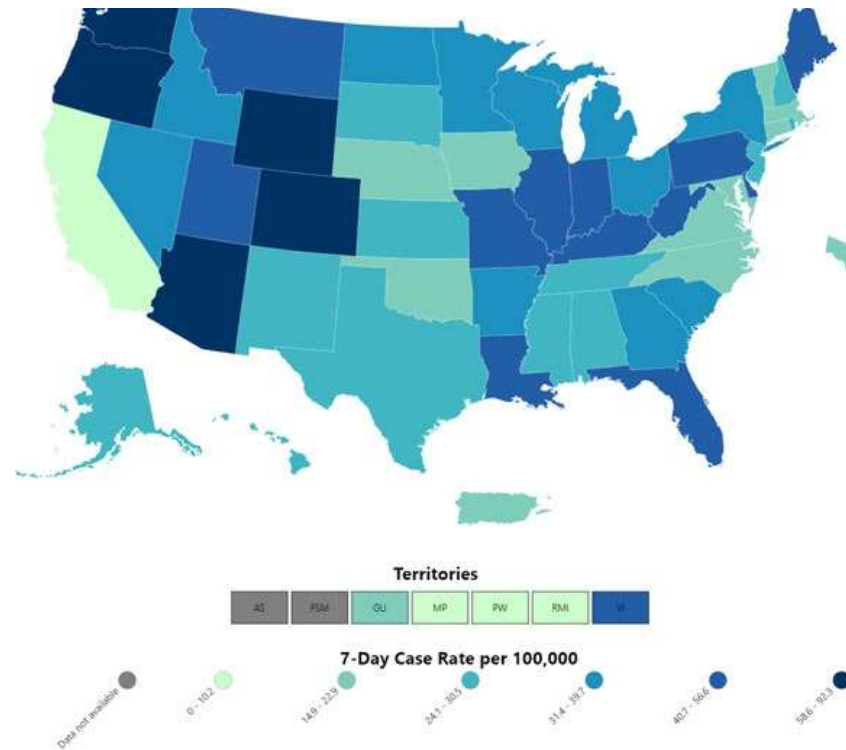
Coronavirus Disease 2019 (COVID-19) in the U.S.

June 1, 2021

US states, territories, and District of Columbia have reported 33,093,238 cases of COVID-19 in the United States.

CDC provides updated U.S. case information online daily.

In addition to cases, deaths, and laboratory testing, CDC's COVID Data Tracker now has a [Vaccinations](#) tab to track distribution of COVID-19 vaccines in your state.



U.S. Cases



Centers for Disease Control and Prevention

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