



FOR IMMEDIATE RELEASE
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Department of Aging Reminds Older Adults about the Importance of Immunizations

Harrisburg, PA – With cold and flu season approaching and the ongoing threat of COVID-19, the Department of Aging today stressed the importance of older adults getting their immunizations.

“Vaccination is one of the most convenient and safest preventive care measures available and is essential throughout an individual’s entire life. Older adults need to keep their vaccinations up to date because immunity from the vaccines can wear off as they age, making them vulnerable to sickness and disease,” said Secretary Robert Torres. “It is especially important for seniors with chronic health conditions, like diabetes, asthma or heart disease to stay up to date on their vaccinations and learn which inoculations are covered by their health care insurance.”

Older adults are advised to get the following immunizations:

- Influenza (flu) vaccine – all older adults
- Tetanus and diphtheria (Td) vaccine, or Tetanus, diphtheria, and pertussis (Tdap) vaccine – adults age 65 and older
- Pneumococcal polysaccharide vaccine or PPSV23 – adults age 65 and older
- Shingles (Herpes Zoster) vaccination – adults age 60 and older

For more information on vaccines for older adults with chronic health conditions, visit the Department of Aging’s website [here](#).

Older adults may be able to receive their flu shot at their local senior center. They should contact their local Area Agency on Aging listed [here](#) for the nearest location.

Learn more about the various other programs offered by the department [here](#)