

# CORONAVIRUS (COVID-19)

## RETURNING TRAVELER INFORMATION

### HOW IS IT SPREAD?



close contact with people who are sick



symptoms may show up 2-14 days later



no vaccine is available

### WHAT ARE THE SYMPTOMS?



fever



cough



shortness of breath

### GUIDANCE FOR TRAVELERS

#### If you have returned from Iran or China:

1. The health department will be alerted by CDC and will contact you
2. Stay home and self-isolate yourself for **14 days after travel**



#### If you have returned from Italy or South Korea:

1. Call **1-877-PA-HEALTH** (1-877-724-3258) to let the health department know about your travel
2. Stay home and self-isolate yourself for **14 days after travel**

Any travelers returning from Iran, China, Italy and South Korea should **self-monitor** for symptoms like fever, cough, or trouble breathing. If you become sick, call **1-877-PA-HEALTH** (1-877-724-3258) and the doctor's office or emergency room before visiting.

People should not be excluded from activities based on their race or country of origin. This guidance is based only on a person's travel history.

### PREVENTION



wash hands with soap and water for 20 seconds



don't touch face with unwashed hands



avoid contact with sick people

For more information and updates, visit:

**health.pa.gov**



### IF YOU ARE SICK



stay at home



cover nose and mouth when sneezing



wear a surgical mask



avoid contact with others



keep objects and surfaces clean