

March 2020-Dunmore Senior Center

LUNCH

Monday 2-Mar	Tuesday 3-Mar	Wednesday 4-Mar	Thursday 5-Mar	Friday 6-Mar
Meatloaf Mashed Potatoes Parslied Carrots Dinner Roll Greek Yogurt		Caprese Pork Chop Brown Rice Garlic Broccoli Crackers Diced Pears		Mustard Dill Baked Fish Macaroni & Cheese Stewed Tomatoes Broccoli & Cauliflower Crackers Cherry Jello
9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
Teriyaki Glazed Pork Sesame Brown Rice Stir Fry Vegetables Carrot Ginger Soup Melon		Beef Stew Potatoes Peas Dinner Roll Fruit Salad		Vegetable Lasagna Italian Green Beans Cauliflower Diced Peaches
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
Cheeseburger Coleslaw Potato & Ham Chowder Sandwich Roll Ketchup Melon		Chicken & Dumplings Mashed Potatoes Mixed Vegetables Scalloped Pears		Egg & Cheese Bake Monterey Diced Potatoes Sauteed Peppers & Onions Biscuit Melon
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
Mexican Baked Chicken Black Beans Chuckwagon Corn Dinner Roll Pineapple		Swedish Meatballs WW Noodles Green Beans Tropical Fruit	CENTER IS CLOSED	Fish Almodine Scalloped Potatoes Peas & Pearl Onions Dinner Roll Apple Bread Pudding
30-Mar	31-Mar			
Rotisserie Chicken Green & Wax Beans Cream Corn Dinner Roll Crackers Fruit Salad				

