



National Kidney
Foundation®

2012 KIDNEY WALK

JUNE 3

MCDADE PARK

SCRANTON

CHECK-IN: 9:00 AM • WALK: 10:30 AM





TO FORM OR JOIN A TEAM, OR TO REGISTER AS AN INDIVIDUAL WALKER FOLLOW THESE SIMPLE STEPS:

1. Visit www.KidneyWalk.org.
2. Click on "Find a Walk." Scroll down to Pennsylvania.
3. Click on the 2012 Scranton Walk.
4. Click on the button to "Form a Team," "Join a Team" or "Register as an Individual."
5. Fill out the form completely, using the "Next Step" box to continue through the questions.
6. Set up your fundraising webpage and share it with friends and family!

Raise \$100 and get a Kidney Walk T-shirt!

DID YOU KNOW?

26 MILLION AMERICANS—1 in 9 adults—have chronic kidney disease and most don't know it.

EVERY FIVE MINUTES someone's kidneys fail.

382,000 PEOPLE depend on dialysis for survival.

89,000 PEOPLE are on the waiting list for a kidney transplant.

WHO IS AT RISK? People with diabetes, high blood pressure or a family history of these conditions or kidney disease.

EARLY DETECTION and proper treatment can slow or prevent the progress of kidney disease.

KidneyWalk.org