

# 2010 Lupus Loop 5K Walk Run



-  Free Food
-  Children's Activities
-  Basket Raffle
-  Awards
-  Pledge Prizes

PRESENTED BY

**2 DATES &  
LOCATIONS!**



# PNC BANK

Register by calling 888-99-LUPUS or on-line at [www.lupuspa.org](http://www.lupuspa.org)

**Paula's Walk - Kirby Park**  
**WILKES-BARRE**  
**September 26**

**Nay Aug Park**  
**SCRANTON**  
**October 3**

Registration begins at 9:30 am - Walk/Run begins at 11 am

Many thanks to our sponsors!

### GOLD

Prudential Financial

Gertrude Hawk.  
CHOCOLATES  
Filled with love.



THE TIMES LEADER

### SILVER

MetLife  
Foundation  
Volunteer Project Fund



### BRONZE

COMMUNITY MEDICAL CENTER  
HEALTHCARE SYSTEM



OnePoint  
Office Supplies • Printing • Furniture



# Lupus Loop 2010

## On-Line Registration & Fundraising E-Tools at [www.lupuspa.org](http://www.lupuspa.org)

Our on-line tools make it easy for you to contact family, friends and colleagues, build your own team page and collect pledges.

To learn more and register, visit: [www.lupuspa.org](http://www.lupuspa.org) or call 1-888-99-LUPUS, Pocono/NE Branch 570-558-2008.



Check Out  
Our  
Fundraising  
E-Tools!

**Pledges!**  
**Pledges!**  
**Pledges!**

The Lupus  
Foundation

 Celebrating  
25 Years!

Call, Visit  
or Email  
Everyone  
You Know!

Help us reach our goal of \$100 per participant and make this the most successful Lupus Loop ever!

Collect pledges and submit by the day of the event to qualify for awards.

Please make checks payable to the Lupus Foundation.

## Pledge Form

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Email \_\_\_\_\_

Registration:  Individual  Team Team Name \_\_\_\_\_

	Sponsor's Name / Address	** Check / Cash	Amt. Rec'd.	Paid
1	MY CONTRIBUTION	<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
2		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
3		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
4		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
5		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
6		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
7		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
8		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
9		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
10		<input type="checkbox"/> <input type="checkbox"/>	\$	<input type="checkbox"/>
**Collect money when it is pledged! That way you won't have to go back. GRAND TOTAL			\$	

Check with your employer to see if your company has a matching gift program, which will double the amount you raise!

Official registration and financial information of the Lupus Foundation may be obtained from the PA Department of State by calling 1-800-732-0999. Registration does not imply endorsement.

## REGISTRATION FORM 2010 Lupus Loop

Complete and mail form with your registration fee to:

LUPUS LOOP 5K  
Lupus Foundation, 615 Jefferson Ave., Scranton, PA 18510  
1-888-99-LUPUS • (570) 558-2008 • Fax (570) 558-2009  
Or register on-line at [www.lupuspa.org](http://www.lupuspa.org)

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Which walk?:  Paula's Walk - Wilkes-Barre - September 26  
 Scranton - October 3  Allentown - October 17

### Registration Information:

**Adult - \$25**  Male  Female Age (runners only): \_\_\_\_\_  
 Run  Walk Shirt Size:  M  L  XL  XXL

**Student - \$15**  Male  Female Age (runners only): \_\_\_\_\_  
 Run  Walk Shirt Size:  M  L  XL  XXL

**Child - \$10**  Male  Female Age (runners only): \_\_\_\_\_  
 Run  Walk Children's Shirt Size:  M  L  XL

**Dog - \$5** (includes bandana!)

Do you have lupus?  Yes  No  
Does a family member or friend have lupus?  Yes  No  
Please send me:  Lupus information  
 Volunteer information for event day - I'd like to help!  
 Information about forming a team of 5 or more walkers/runners.

I cannot attend; but would like to make a donation of: \$ \_\_\_\_\_

I would like to be a sponsor:  \$250  \$100

My employer has a matching gift program:  Yes  No

Company \_\_\_\_\_

### Method of Payment

Check (payable to Lupus Foundation)  
 Visa  Mastercard  Amex  Discover Exp. Date \_\_\_\_/\_\_\_\_

Card # \_\_\_\_\_ 3 Digit Security Code: \_\_\_\_\_

### WAIVER (required by all participants):

I hereby waive all claims against the Lupus Foundation of Pennsylvania, sponsors, or any personnel for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs of myself for the purpose of event promotion. I understand that the entry fee is nonrefundable.

Signature (Parent/Guardian if under 18) \_\_\_\_\_

## Team Registrants

I am part of \_\_\_\_\_ Team

Team Captain's Name \_\_\_\_\_



## Grand Pledge Prize

The adult who  
raises the most  
in pledges will  
receive an  
overnight stay at  
**Fern Hall Inn**  
&  
**Restaurant**  
(includes breakfast)

My fundraising  
goal is:

\$

**LUPUS**  
PENNSYLVANIA  
615 Jefferson Avenue  
Scranton, PA 18510

RETURN SERVICE REQUESTED

NON-PROFIT ORG.  
US POSTAGE  
**PAID**  
PERMIT #179  
SCRANTON, PA 18505



**Celebrating the 25th Anniversary of the Lupus Foundation!**

# 2010 **Lupus Loop 5K Walk Run**

PRESENTED BY



## **3** Dates & Locations!

Paula's Walk, Kirby Park, **WILKES-BARRE**  
**September 26, 2010**

Nay Aug Park, **SCRANTON**  
**October 3, 2010**

Lehigh Parkway, **ALLENTOWN**  
**October 17, 2010**

Registration begins at 9:30 am  
Walk/Run begins at 11:00 am

- Food
- Children's Activities
- Basket Raffle
- Awards

Register by calling  
the Pocono/Northeast Branch at  
**888-99-LUPUS** or  
on-line at  
**www.lupuspa.org**

## **Get Into The Loop**

### **Step 1 • Register Today!**

Mail your completed registration form today or register on-line at [www.lupuspa.org](http://www.lupuspa.org).

**Early registration guarantees long-sleeve T-shirt.**

Supplies limited: first come, first served!

### **Step 2 • Raise Pledges from Family & Friends!**

Help us reach our goal of \$100 per participant.

Turn in collected pledges by event day to qualify for prizes!

You can even collect pledges on-line at [www.lupuspa.org](http://www.lupuspa.org)!

### **Step 3 • Form a Team!**

Become a Team Captain and recruit members, supply pledge forms and encourage team members to collect pledges. Special recognition will be awarded for outstanding team efforts. Team members are eligible for individual pledge prizes.

### **Step 4 • Participate!**

Walk or run. Bring your dog on a leash!

Enjoy free food, beverages, and entertainment.



## **Runners Awards**

**1st, 2nd & 3rd Place**  
**Overall Male & Female Trophies**



**Top Two Finishers in each**  
**age category (medals):**

9-11	20-24	35-39	50-59
12-14	25-29	40-44	60 &
15-19	30-34	45-49	over